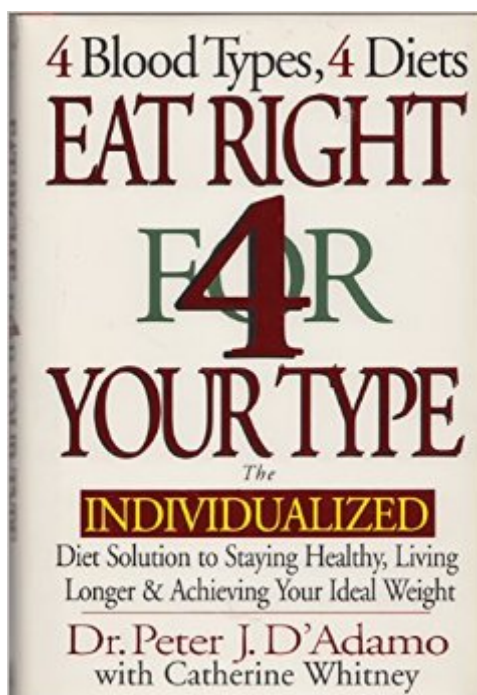


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# Eat Right For Your Type Live Right For Your Type (4 Blood Types, 4 Diets 4 Blood Types, 4 Programs)



## Synopsis

EAT RIGHT FOR YOUR TYPE AND LIVE RIGHT FOR YOUR TYPE. 2-BOOKS FOR ONE PRICE.

## Book Information

Hardcover

Publisher: G.P. Putnam's and Sons New York; 2nd Edition edition (1996)

ASIN: B001F38Q66

Product Dimensions: 9.1 x 6.1 x 1.6 inches

Shipping Weight: 8.8 ounces

Average Customer Review: 4.8 out of 5 stars Â Â See all reviews Â (4 customer reviews)

Best Sellers Rank: #72,223 in Books (See Top 100 in Books) #16 in Â Books > Health, Fitness & Dieting > Diets & Weight Loss > Blood Type Diets

## Customer Reviews

Great book, one must adjust eating habits for this too work.

Great book, great lifestyle and great gift to give!

Interesting reading.

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